

OUTPHASING THE TIGHTENED HYGENIC GUIDELINES AT IOOS – COVID-19

The Corona pandemic is under control in Denmark, and everyone has had the opportunity to get vaccinated.

Therefore, suction assistance is no longer mandatory as of week 43 (October 25th).

Two of the stricter guidelines are maintained at the clinics:

- We inform patients not to show up for an appointment, if they have symptoms of - or have been tested positive for - coronavirus, or are close contacts with infected people.
- We maintain a 15-minute slot between each patient for cleaning and disinfection.

The National Infection Hygiene Guidelines say the following about surgical masks, safety glasses and visor:

7.2 Surgical masks, glasses and visor

Surgical masks (commonly referred to as facemasks), glasses or visor should be used when there is risk of spraying drops or particles into the face (eyes, nose, mouth), as well as in all procedures where there is a risk of contamination with microorganisms from drops or aerosols, for instance when using an air rotor, ultrasonic cleaner or three-way syringe. When using a mask, also wear safety glasses or a visor.

In practice, this means that you ALMOST ALWAYS have to wear a surgical mask, safety glasses or visor when you have a patient. Use of the three-way syringe is ALSO aerosol generating. Safety glasses / visors must be disinfected between each patient.

Your own glasses are NOT sufficient protection when working at the clinic.

Wearing loupes is a hygienic challenge. It is possible to get visors that cover the loupes, or shields that can be mounted onto the loupes. Both can be used. Using shields, however, requires disinfection of both shield and loupes between each patient.

In phantom work, safety glasses / visors must be used for protection, ie. to avoid spraying / splinters from materials that can damage the eyes.

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